



## KRIYA YOGA CENTRE VIENNA

International Organisation for the Promotion of the authentic original Kriya Yoga by Babaji, Lahiri Mahashaya, Shriyukteshwarji, Bhupendranath Sanyal, Paramahansa Yogananda, Swami Satyananda Giri, Paramahansa Hariharananda and Paramahansa Prajnanananda, ZVR: 832661361

A-2523 Tattendorf, Pottendorferstrasse 69

☎ 0043-2253-81491, Email: kyc@kriya.eu, www.kriya.eu, www.kriya.org



**"Man is born only for self-realization."**

- Paramahansa Hariharananda -

### Kriya Yoga Programs in Tattendorf 2021

Teachers: Rajarshi Peter van Breukelen – PvB, Swami Mangalananda Giri – SMG,  
Swami Karunananda Giri – SKG, Yogacharya Claudia Cremers – YCC

Programmes	Month	Days	Acharyas
<b>Seminar</b>	January	<b>29 - 31</b>	Swami Karunananda Giri
<b>Seminar</b>	February	<b>26 - 28</b>	Swami Karunananda Giri
<b>Seminar</b>	April	<b>23 - 25</b>	Swami Mangalananda Giri
<b>Seva Days</b> - free board and lodging * Arrival April 25 evening, departure April 30 morning	April	<b>26 - 29</b>	Swami Mangalananda Giri
<b>Birthday Celebration of P. Hariharananda May 27</b>			
<b>Seminar – First &amp; Higher Kriya Retreat**</b>	June	<b>02 - 13</b>	Swami Achalananda Giri PvB, SMG, SKG, YCC
<b>Guru Purnima Celebration</b>	<b>July</b>	<b>24</b>	
<b>Seminar</b>	July	<b>16 - 18</b>	Swami Karunananda Giri
<b>Seva Days</b> - free board and lodging * Arrival July 18 evening, departure July 23 morning	July	<b>19 - 22</b>	Swami Mangalananda Giri Swami Karunananda Giri
<b>Birthday Celebration of P. Prajnanananda August 10</b>			
<b>Seminar</b>	September	<b>03 - 09</b>	Swami Atmavidyananda Giri PvB, SMG, SKG, YCC
<b>23rd Ashram Foundation Day September 06</b>			
<b>Seminar</b>	November	<i>still open</i>	Swami Mangalananda Giri
<b>Paramahansa Hariharananda's Mahasamadhi Day December 03</b>			
<b>Seminar</b>	Dec./Jan	<b>24 - 01, 2022</b>	Swami Mangalananda Giri Swami Karunananda Giri

#### Initiation into the authentic Kriya Yoga is possible at the beginning of each seminar

For the initiation you need: ☸ Five flowers, ☸ five fruits and ☸ a donation of € 150.-

\*\* The Higher Kriya Seminar is for anyone who is already initiated into Kriya II or higher, and also for those who have practiced Kriya I for a minimum of 3 years and who have additionally got permission from a Kriya teacher to be initiated into Kriya II.

Seminar fee for a weekend (January, February, April, July, November) € 116,-; includes board and lodging

Seminar fee for a weekend (January, February, April, July, November.) € 90,-; board only

Seminar fee for First & Higher Kriya Retreat, and Ashram Foundation Seminar

(June, September) € 64,- per day; includes board and lodging

Seminar fee for First & Higher Kriya Retreat, and Ashram Foundation Seminar

(June, September) € 51,- per day; board only

Seminar fee for the Christmas- seminar (December) € 58,- per day; includes board and lodging

Seminar fee for the Christmas- seminar (December) € 45,- per day; board only





Those who are already initiated are warmly welcome to the daily meditations in our Centre in Tattendorf and to the weekly meditations in Vienna. The Kriya Yoga Centre is open all year round, even when no major seminars are taking place. Tattendorf is a special place, blessed by Paramahansa Hariharananda. Please feel welcome to visit at any time. Thanks to the expansion of our ashram in Tattendorf, we now have the opportunity to offer you **Self Retreats for personal practice**. (more info under [kyc@kriya.eu](mailto:kyc@kriya.eu))

**\* Meditative Seva Days: April 26-29 and July 19-22**  
**with Swami Mangalanandaji and Swami Karunananda Giri - stay for free**  
(Arrival April 25 and July 18 evening / Departure April 30 and July 23 morning)

These days offer the opportunity to connect our spiritual practice with practical support and help in the house and garden. Seva is your voluntary contribution and offers the chance to be part of the self-organized project "Kriya Yoga Centre". Each day there will be guided meditations at 5:45 a.m. / 11:30 a.m. / 7:00 p.m.



**We have regular office hours in our Tattendorf Centre as follows:**

Daily from **8:30 to 11:30am, afternoon 2:00 – 5:30pm**

During these hours you can reach us by calling: +43 2253 81491

At other times please leave your message on the answering machine and we will get back to you as soon as possible!

**Daily meditations in Tattendorf-Ashram / Austria: (after Corona Lockdown)**

**Guided by a Yogacharya or with tape at 5.45 a.m. (in silence), 11.30 a.m. and 7.00 p.m.**

**Daily recorded lectures given by Paramahansa Prajnanananda at 6.00 p.m.**  
(you may give us a short call, if you would like to come for meditation or a lecture)



**„Sunday Satsang“ (after Corona Lockdown)**

**Through meditation and satsang we are able to deepen our practice and experience some spiritual reciprocity. We will conclude the morning with a shared Lunch.**

*"Strong desire, keeping good company and practice are the three steps for quick spiritual evolution.*  
- Shri Bhupendranath Sanyal

**Program:**

**09:30-10:45 II. Kriya Meditation (CD)**

**11:00-11:30 Satsang** (lectures, stories, bhajan singing, chanting contributed by Ashramites)

**11:45-12:45 I. Kriya Meditation** (guided meditation)

**13:00 Lunch** (to register, email [kyc@kriya.eu](mailto:kyc@kriya.eu) till Saturday evening)

**In the afternoon there will be the option to do some Seva** (practical help in house and garden).  
(During seminars at the Kriya Yoga Centre there will be no "Sunday Satsang").

**Weekly meditations in Vienna (after Corona Lockdown)**

**with Swami Mangalanandaji, Swami Karunananda Giri, Ashramites or guided with recording**

**Wednesdays, at 6:45 p.m. (beginning at 7 p.m.)** but not during the seminars in Tattendorf

**Venue: 1150 Vienna, Diefenbachgasse 38/6**

(U6 or U4, Station Längenfeldg. – Exit Storchensteg),

*Only initiated persons may attend the Kriya Yoga Meditation.*

**Programmes in India**

**14 – 20<sup>th</sup> January 2022 21<sup>st</sup> International Intensive Kriya Yoga Seminar at the Hariharananda Gurukulam - Balighai, Puri, Odisha, India**  
(Please register with the Kriya Yoga Centre Vienna)

***„God is love. His plan for creation is rooted in love“.***

*- Paramahansa Yogananda -*