



KRIYA YOGA CENTRE VIENNA

International Organisation for the Promotion of the authentic original Kriya Yoga by Babaji, Lahiri Mahashaya, Shriyukteshwarji, Bhupendranath Sanyal, Paramahansa Yogananda, Swami Satyananda Giri, Paramahansa Hariharananda and Paramahansa Prajnanananda, ZVR: 832661361

A-2523 Tattendorf, Pottendorferstrasse 69

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"As the breath, so is the mind. As is the mind, so is the man."

- Paramahansa Hariharananda -

Kriya Yoga Programs in Tattendorf 2024

Teachers: Rajarshi Peter van Breukelen – PvB, Swami Atmavidyananda Giri – SAVG, Swami Divyasvarupananda Giri – SDsG, Swami Mangalananda Giri – SMG, Swami Karunananda Giri – SKG, Yogacharya Claudia Cremers – YCC, Yogacharya Histas Damania - YHD

Programmes	Month	Days	Acharyas
Seminar	January	26 - 28	Swami Karunananda Giri
Seminar	February	23 - 25	Swami Karunananda Giri
Easter Retreat	March-April	29 - 01	Swami Sahajananda Giri
<i>Seva Days - free board and lodging *</i> <i>Arrival April 21 evening, depart. April 26 morning</i>	April	22 - 25	Swami Mangalananda Giri Swami Karunananda Giri
Seminar	April	26 - 28	Swami Mangalananda Giri
Birthday Celebration of P. Hariharananda May 27			
Seminar – First & Higher Kriya Retreat**	May/June	30 – 05 eve.- midday	Paramahansa Prajnanananda SDsG, YHD, European Acharyas
Guru Purnima Celebration	July	21	
<i>Seva Days - free board and lodging *</i> <i>Arrival July 21 evening, departure July 26 morning</i>	July	22 - 25	Swami Mangalananda Giri Swami Karunananda Giri
Seminar	July	26 - 28	Swami Mangalananda Giri
Birthday Celebration of P. Prajnanananda August 10			
Ashram Foundation Seminar	September	04 – 10 eve.- midday	Paramahansa Prajnanananda SAVG, European Acharyas
26th Ashram Foundation Day September 06			
Seminar	October	25 - 27	Yogacharya Susanne Walker Yogacharya Peter Walker
Paramahansa Hariharananda's Mahasamadhi Day December 03			
Christmas & New Year Seminar	Dec./Jan	24.12. – 01.01.2025	Swami Mangalananda Swami Karunananda Giri Swami Chidrupananda Giri

Initiation into the authentic Kriya Yoga is possible at the beginning of each seminar

For the initiation you need: ॐ Five flowers, ॐ five fruits and ॐ a donation of € 150.-

** First & Higher Kriya Seminar: **Second Kriya initiations** (part 1&2, 3 or 4) are planned for those Kriyavans who have been practicing First Kriya /Second Kriya for at least three years and have received permission prior to the retreat.

Please contact us for more information about the initiation. Kriya II, 1&2 - 31st May 9.00am

Seminar fee for a weekend (January, February, April, July, Oktober) € 116,-; includes board and lodging

Seminar fee for a weekend (January, February, April, July, October) € 90,-; board only

Seminar fee for First & Higher Kriya Retreat, and Ashram Foundation Seminar

(May-June, September) € 64,- per day; includes board and lodging

Seminar fee for First & Higher Kriya Retreat, and Ashram Foundation Seminar

(May-June, September) € 51,- per day; board only

Seminar fee for the Easter- & Christmas- seminar (March-April, December) € 58,- per day; includes board and lodging

Seminar fee for the Easter- & Christmas- seminar (March-April, December) € 45,- per day; board only





Those who are already initiated are warmly welcome to the daily meditations in our Centre in Tattendorf and to the weekly meditations in Vienna. The Kriya Yoga Centre is open all year round, even when no major seminars are taking place. Tattendorf is a special place, blessed by Paramahansa Hariharananda. Please feel welcome to visit at any time. Thanks to the expansion of our ashram in Tattendorf, we now have the opportunity to offer you **Self Retreats for personal practice**.
(more info under kyc@kriya.eu)

*** Meditative Seva Days: April 22-25 and July 22-25** (followed by Initiation Seminar)
with Swami Mangalanandaji and Swami Karunananda Giri - stay for free
(Arrival April 21 and July 21 evening / Departure April 26 and July 26 morning)

These days offer the opportunity to connect our spiritual practice with practical support and help in the house and garden. Seva is your voluntary contribution and offers the chance to be part of the self-organized project "Kriya Yoga Centre". Each day there will be guided meditations at 5:45 a.m. / 11:30 a.m. / 7:00 p.m.



We have **regular office hours** in our Tattendorf Centre as follows:

Daily from **8:30 to 11:30am, afternoon 2:00 – 5:30pm**

During these hours you can reach us by calling: +43 2253 81491

At other times please leave your message on the answering machine and we will get back to you as soon as possible!

Daily meditations in Tattendorf-Ashram / Austria: (after Corona Lockdown)

Guided by a Yogacharya or with tape at 5.45 a.m. (in silence), 11.30 a.m. and 7.00 p.m.

Daily recorded lectures given by Paramahansa Prajnanananda at 6.00 p.m.
(you may give us a short call, if you would like to come for meditation or a lecture)



„Sunday Satsang“

**Through meditation and satsang we are able to deepen our practice and experience some spiritual reciprocity.
We will conclude the morning with a shared Lunch.**

*"Strong desire, keeping good company and practice are the three steps for quick spiritual evolution."
- Shri Bhupendranath Sanyal*

Program:

09:30-10:45 II. Kriya Meditation (CD)
11:00-11:30 Satsang (lectures, stories, bhajan singing, chanting contributed by Ashramites)
11:45-12:45 I. Kriya Meditation (guided meditation)
13:00 Lunch (to register, email kyc@kriya.eu till Saturday evening)

In the afternoon there will be the option to do some Seva (practical help in house and garden).
(During seminars at the Kriya Yoga Centre there will be no "Sunday Satsang").

Meditations in Vienna with one Ashramites or guided with recording

Dates and venues will be announced by email.

Only initiated persons may attend the Kriya Yoga Meditation.

Programmes in India

14 – 20th January 2025 26th International Intensive Kriya Yoga Seminar at the Hariharananda Gurukulam - Balighai, Puri, Odisha, India
(Please register here: <http://tiny.cc/registerforindia/> Contact kyc@kriya.eu)

***„The seed of devotion and faith is hidden in the heart of all.
Good company, spiritual discussions, and self-analysis are
essential for the development of the plant“.***

- Swami Satyananda Giri -